



✉ KEVIN.ANYAN@SCOUTS.CA
🌐 WWW.CAMPSAMAC.CA
☎ 905-260-3482
📍 275 CONLIN RD E, OSHAWA, ON L1H 7K5



TEACHER INFORMATION PACKAGE – Camp Samac

Welcome to Camp Samac! Located on Conlin Road East in Oshawa, our field trips blend outdoor adventure with Ontario Curriculum outcomes for Grades 1–8. This package has everything you need to book, prepare, and enjoy a smooth, engaging day at camp.

At-a-Glance

- Format: 3-activity day (no 2- or 4-activity options this year)
- Times: 8:30 to 9:50 arrival • 4.5 hour schedule • bring-your-own lunch
- Price: \$25 per student (includes 3 facilitated activity blocks)
Adults (teachers & parent volunteers) FREE • Minimum booking 15 students
- Seasonal highlights: Tree Planting (spring/fall), Maple Syrup Discovery (March), Snowshoeing & Winter Survival (winter)
- Accessibility: Many programs have flexible delivery—please discuss any accessibility needs during booking.



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Archery

Students learn the basics of safe bow handling and practice their aim on targets. Builds focus, coordination, and confidence.

Year-round • Grades 3–8

Fire Making & Outdoor Cooking

Students explore the science of fire by learning the fire triangle, building safe campfires, and cooking simple foods like bannock. Builds safety awareness and teamwork.

Year-round • Grades 3–8

Shelter Building (Non-Winter)

Working in teams, students collect natural materials to build simple survival shelters. Teaches problem-solving, cooperation, and environmental awareness.

Spring–Fall • Grades 1–8

Orienteering

Students learn to navigate with maps and compasses, then apply their skills on a short course. Builds independence and problem-solving.

Year-round (modified in winter) • Grades 3–8

Dipnetting & Aquatic Exploration

Students carefully collect and observe aquatic life to study biodiversity and stream health.

Younger grades watch from shore.

Spring–Fall • Grades 3–8 (Grades 1–2 observe only)

Herbivore / Omnivore / Carnivore Game

An active, large-group game that simulates food chains and ecosystem balance. Fun and high-energy learning.

Year-round • Grades 1–8

Nature Hike

A guided exploration of camp trails to observe trees, plants, animal signs, and ecosystems.

Builds observation skills and stewardship.



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Year-round • Grades 1–8

Games & Crafts

Seasonal games and crafts that connect learning with creativity and play. Flexible to themes or grade levels.

Year-round • Grades 1–8

Tree Planting

Hands-on conservation work as students plant saplings and learn about ecosystems.

Spring & Fall (while saplings last) • Grades 1–8

Maple Syrup Discovery

A seasonal program exploring Indigenous origins, settler history, tapping, and boiling.

March only • Grades 1–8

Rock Wall Climbing

Climb our smaller rock wall with harnesses and helmets. Builds persistence and confidence.

Year-round • Grades 1–6 only

Snowshoeing

Students travel camp trails on snowshoes while learning about winter ecology and adaptation.

Winter only • Grades 1–8

Low Ropes Course

Ground-level challenges that focus on teamwork, leadership, and problem-solving.

Spring–Fall • Grades 3–8

Winter Shelter Building & Survival

Students construct snow shelters and learn cold-weather survival strategies. Emphasizes resilience and adaptation.

Winter only • Grades 3–8



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Seasonal Availability (Quick Chart)

Activity	Fall Winter		Spring Summer Grades		
Archery	✓	✓	✓	✓	3–8
Fire Making & Outdoor Cooking	✓	✓	✓	✓	3–8
Shelter Building (Non-Winter)	✓	X	✓	✓	1–8
Orienteering	✓	✓ (modified)	✓	✓	3–8
Dipnetting & Aquatic Exploration	✓	X	✓	✓	3–8 (1–2 observe only)
Herbivore/Omnivore/Carnivore Game	✓	✓	✓	✓	1–8
Nature Hike	✓	✓	✓	✓	1–8
Games & Crafts	✓	✓	✓	✓	1–8
Tree Planting (<i>saplings while supplies last</i>)	✓	X	✓	X	1–8
Maple Syrup Discovery (<i>March only</i>)	X	X	✓	X	1–8
Rock Wall Climbing (<i>small wall</i>)	✓	✓	✓	✓	1–6 only
Snowshoeing	X	✓	X	X	1–8
Low Ropes Course	✓	X	✓	✓	3–8
Winter Shelter Building & Survival	X	✓	X	X	3–8



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Activity Descriptions (Teacher-Facing)

(Descriptions for each activity are included, with seasonal and grade restrictions — see earlier section.)

Typical Day Schedule

Arrivals between 8:30 am and 9:50 pm, based on school timings.

- **9:00** Arrival, welcome, introductions
- **9:30** Activity Block 1
- **10:45** Activity Block 2
- **12:00** Lunch (bring your own, indoor space available in poor weather)
- **12:30** Activity Block 3
- **1:45** Departure

Parent Volunteers

- Volunteers are welcome and attend free.
- Volunteers support supervision (Camp Samac staff lead programming).
- Please submit volunteer names on your pre-arrival form; we will provide a simple site orientation on arrival.

Expectations & Respectful Behaviour

We follow Scouts Canada's Four Rules of Respect: Respect Yourself, Respect Others, Respect Nature, and Respect the Facilities.

Please brief students that we: stay within boundaries, follow instructions, care for equipment, and leave natural spaces as we found them.



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How to Prepare Your Class (Share With Families)

- Footwear: closed-toe shoes/boots; extra socks/shoes for wet/muddy activities.
- Clothing: weather-ready layers; raincoat/hat; full winter gear in winter.
- Food & Water: nut-aware, litter-less lunch; full water bottle.
- Health: bring necessary medications (labeled) to the teacher; sunscreen/bug spray seasonally.
- Forms: ensure permission/medical forms are completed and returned to the teacher.

Ontario Curriculum Alignment Chart

The chart below shows how Camp Samac's activities support the Ontario Curriculum by grade band.

Activity	Grades 1–3	Grades 4–6	Grades 7–8
Nature Centre	Science – Living Things (basic needs, senses); Language – Oral communication, drawing/labeling	Science – Habitats & Communities; Inquiry & observation skills	Science – Biodiversity & Classification; Geography – Human-Environment Interactions
Tree Planting	Science – Growth & Changes in Plants; Social Studies – Community Helpers	Science – Habitats & Communities; Social Studies – Sustainability & Stewardship	Science – Interactions in the Environment; Geography – Resource Management
Maple Syrup Discovery	Heritage & Identity – Traditions; Science – Liquids/Solids	Science – Properties of Matter; Social	Science – Heat in the Environment; History – Ontario Heritage & Economy



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Activity	Grades 1–3	Grades 4–6	Grades 7–8
Rock Wall Climbing	PE – Movement skills; Health – Safety; Self-confidence	PE – Goal-setting, Persistence; Math – Angles, balance	N/A (wall size not suitable)
Snowshoeing	PE – Active Living; Social Studies – Indigenous Traditions	Science – Weather & Seasons; PE – Endurance	Geography – Climate Adaptations; PE – Survival
Low Ropes Course	PE – Cooperation & Teamwork	PE – Leadership, Communication	PE – Strategy & Collaboration; Math – Probability/Problem Solving
Winter Shelter Building	Science – Materials & Structures (insulation basics)	Science – Heat Transfer; Social Studies – Human Adaptation	Science – Sustainability & Survival; Geography – Climate
Shelter Building (Non-Winter)	Science – Materials & Structures; Cooperation	Science – Forces on Structures; PE – Team Roles	Science – Engineering Design; Geography – Human-Environment
Fire Making & Cooking	(Observation only)	Science – Heat Transfer; Social Studies – Early Settlers	Science – Energy Transformations; History – Heritage Technology
Archery	(Not offered)	PE – Coordination, Accuracy; Science – Force & Motion	Math – Geometry (angles); PE – Performance & Strategy



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Activity	Grades 1–3	Grades 4–6	Grades 7–8
Orienteering	Math – Measurement; Simple Maps	Geography – Land Use & Mapping; Language – Interpreting Legends	Math – Bearings; Geography – Navigation Skills
Dipnetting	Science – Habitats (observe only)	Science – Biodiversity; Social Studies – Human Impact on Water	Science – Ecosystem Health Indicators; Geography – Water Systems
Herbivore/Omnivore/Carnivore Game	Science – Food Chains	Science – Energy Transfer; Math – Data Collection	Science – Interactions in Ecosystems; Geography – Biodiversity
Nature Hike	Science – Needs of Living Things; PE – Active Living	Science – Habitats & Communities; Social Studies – Stewardship	Science – Biodiversity; Geography – Ecosystem Sustainability
Games & Crafts	Art – Creative Expression; Language – Sharing	Cross-curricular reinforcement	Project-based integration with Science/Geography

CONTACT & BOOKING

Camp Samac – Field Trip Coordinator

 Phone: (905) 260-3482

 Email: kevin.anyan@scouts.ca

 Web: campsamac.ca

We look forward to welcoming your class to **Camp Samac!**